

## REGISTRATION INFORMATION

Costs indicated include room and board and are quoted in Canadian dollars. Options requiring additional fees are indicated by an \* on the Opportunities list printed inside this brochure.

\$400/Week



For more information, contact:

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## St. Joseph's Motherhouse MISSION STATEMENT

The Mission of St. Joseph's Motherhouse is to provide for all who live, work, or visit here hospitality, care, and compassion in a supportive environment.

We embrace the values of

Dignity

Excellence

Justice

Respect

Trust

which enables us to realize this mission.

## TESTIMONIALS

*"This has been an awesome experience."*

*"It was far more than I expected."*

*"A good balance of making one feel welcome and also being free to follow one's own schedule – or lack of schedule!"*

## SELF-DIRECTED SABBATICAL FOR WOMEN RELIGIOUS

**St. Joseph's Motherhouse  
North Bay  
Ontario**



***Join us for rest  
and renewal  
in an environment of  
natural beauty and  
warm hospitality.***

***St. Joseph's Motherhouse is located on 32 acres of land along the beautiful shores of Lake Nipissing. A perfect place to experience all the seasons and to witness spectacular sunsets while enjoying unstructured sabbatical time.***



*Enjoy nature in all seasons!*

St. Joseph's Motherhouse is home to Sisters in semi-retirement and residence to 16 university and college students during the academic year.

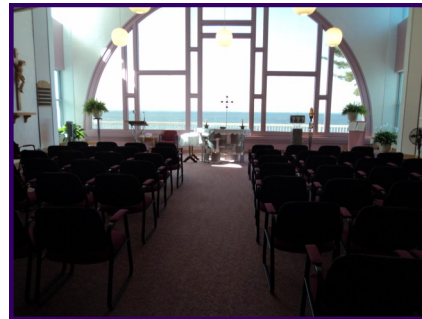


The Motherhouse is a vital centre, noted for its openness and hospitality to many church affiliations and other organizations.

The Motherhouse provides a rich, peaceful environment for individuals to *"Come aside and rest awhile."* (Mark 6:31)

## Sabbatical Time

We offer unstructured sabbatical time.



## Opportunities

- Daily Mass
- \* Spiritual Direction
- Monthly Taizé Prayer
- Monthly Health In-Service
- \* Advent/Lenten Reflection Days
- \* Guided Retreat in June
- \* Healing Touch (Reiki)
- Bus service to City Centre, Nipissing University and Canadore College
- \* Fee Applies

## Facilities



- 2 Chapels
- Labyrinth
- Library and Archives
- Indoor Therapeutic Pool (Aqua Fitness offered)
- Exercise Room
- Walking Trails on property and to North Bay's Waterfront Park

